



# Triple P Discussion Groups



## Discussion Groups

Small group sessions that offer practical advice for tackling a specific problem behavior.

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| <b>September 11<sup>th</sup></b> | <b>9:30 am- 11:30 am</b> | Hassle-free Shopping with Children |
| <b>October 9<sup>th</sup></b>    | <b>9:30 am- 11:30 am</b> | Dealing with Disobedience          |
| <b>November 6<sup>th</sup></b>   | <b>9:30 am- 11:30 am</b> | Managing Fighting and Aggression   |
| <b>December 11<sup>th</sup></b>  | <b>9:30 am- 11:30 am</b> | Developing Good Bedtime Routines   |

In a relaxed group setting you'll have the opportunity to discuss challenges and learn parenting tips from a trained professional. You will be encouraged to share your thoughts and experiences with others in the group about the topic of discussion. You can come to one or all – it's up to you!

**Groups held at Family & Childcare Resources 201 W. Walnut Street, Green Bay.  
Limited childcare provided.**

**Questions?** Contact Holly Herman at (920) 391-5819 or email [Holly@fcnew.org](mailto:Holly@fcnew.org)

