

# Triple P Seminars



### **Positive Parenting Seminars**

Join us for one or all three (1.5 hour sessions)

### Great for parents and professionals

Seminar 1: The Power of Positive Parenting
October 6h at 9:00-10:30AM

Seminar 2: Raising Confident, Competent Children October 13<sup>th</sup> at 9:00-10:30AM

Seminar 3: Raising Resilient Children, Managing Process Issues, and Getting Started
October 27th at 9:00-10:30AM

Call Family & Childcare Resources of N.E.W. at (920) 432-8899 to register for the FREE seminars today or on our website! All three Seminars will be offered utilizing **Zoom**. You might need to create a free account in order to join!

**Questions?** Contact Karla Jenquin at (920) 391-5818 or email <u>Karla@fcrnew.org</u> to register and a link to Zoom will be emailed to you!







# Triple P Positive Parenting Seminars

Join us for 1 or all 3 (1.5 hour sessions)
\*Will receive a certificate if you attend all three\*

#### **Seminar 1: The Power of Positive Parenting**

For every parent who ever wondered: "Why does my child do that?" This seminar helps parents understand some of the reasons why children behave as they do. **The Power of Positive Parenting** also supports parents by giving them strategies or tools to use with their children in a way that will increase the positive behaviors parents like to see, and less of the behavior parents often discourage.

### Seminar 2: Raising Confident, Competent Children

Parents can help their children to become confident and successful – at school and beyond. This seminar teaches parents some ways to encourage children to be respectful, considerate, how to communicate well, get along with others, feel good about themselves, and become independent problem solvers.

## Seminar 3: Raising Resilient Children, Managing Process Issues, and Getting Started

How can parents help their children manage both positive and negative emotions in a way that teaches them how to cope well in the future? Children will eventually face disappointments and stressful situations, so how can parents provide proper emotion coaching? Parents can learn some strategies that will allow them to recognize emotions within themselves and their child, so they can cope in healthier ways.